

Event information (ENG)

Iceswim festival also including the Estonian Winter Swimming Championships of 2021/2022

When: 10th to 12th of December 2021.

Where: The Admiralty Pool (Admiraliteedi bassein)

Distances and timeline:

Friday, the 10th of December

- *11.00 Accreditation of participants starts
- *12.00 450m freestyle
200m freestyle
- *17.00 Opening
- *17.10 Men vs women relay race

Saturday the 11th of December

- *09.00 Accreditation of participants starts
- *10.00 100m freestyle
25m butterfly
4x25m breaststroke relay
50m freestyle
25m breaststroke
4x25m medley relay (butterfly, backstroke, breaststroke, freestyle)
50m breaststroke
25m freestyle
4x25 freestyle charity relay
- *19.00 Award ceremony and afterparty

Sunday the 12th of December

- *12.00-15.00 Dipping at one's own responsibility and Tug of war

NB! Changes in timetable may occur depending on the number of participants and/or the weather

Registration:

Link: <https://taliujumiseemv.ee/registreerimine/>

Entry fee:

Individual races: 1 races = 20 EUR; 2 races = 30 EUR; 4 races = 50 EUR; 5+ races = 60 EUR
Relay races: 50 EUR per team

Taking part of the record relay race + entry to the food and gymnastics tent on Friday 15 EUR
Registration closes at 00.00 on the 6th of December

Last chance to register is the 5th of December at 23.59. Entry will be confirmed after the entry fee has been payed.

Entry fee for on-the-spot registration is 30 EUR per race, spaces are limited. Cash only. Exact amount only.

You will receive instructions for payment by e-mail after registration. If for some reason you don't receive the e-mail, payment should be made to the following account:

Name: Mittetulundusühing Uju talvel

IBAN: EE307700771005275745

There are separate categories for men and women by age groups (except for 450m and 200m freestyle which will have a direct competition).

Every race will have an award for best man and woman.

Age groups:

Under 20

20-29 years

30-39 years

40-49 years

50-59 years

60-69 years

70a+

Age groups will be determined by the age of the participant on 31st October 2022 which is the last day of the winter swimming season (1.11.2021-21.10.2022).

Team races are all considered in one category.

At least one member of a team needs to be of the opposite sex.

Race and starting rules:

Races take part in a 25-metre pool with 8 tracks.

The start is in the water, the front shoulder must be under water and the back hand must hold the ladder.

It is permitted to submerge for no more than 5 m close to the surface.

Penalty of 5 seconds will be added in case of false start.

Intentional false start is grounds for disqualification.

Flip turn is not allowed, you need to touch the end wall with at least one hand while turning. It is allowed to submerge close to the surface for no more than 5 metres after turning.

Every race must be finished by touching the end wall with at least one hand. Timer will stop once the hand touches the wall.

Swimmers using the wrong swimming style during racing will be disqualified.

During the 4x25 medley relay the swimmers must use the swimming styles in the correct order according to the instructions.

During the 4x25 medley relay the exchange occurs by one member of the team touches the wall, the next member will start in the water with front shoulder in the water and the back hand holding the ladder.

Every false start during the relays will result in 5 seconds of penalty time.

The team will be disqualified in the case of intentional false start.

It is not allowed to hang on to the led lights nor the track separators.

It is not allowed to consume alcohol, drugs or warming lubricants before racing.

All protests must be presented in writing to the registration desk no longer than 30 minutes after the results (which are being protested against) are announced. A deposit of 50 EUR must be made with the protest.

Whether or not the protest would be satisfied or not is decided by the commission. In case of satisfying the protest, the deposit will be returned.

No swimming while intoxicated. The judges have the right to check the alcohol levels of the participants and disqualify the participant in the case of rule breaking.

Awarding of the three most active communities is based on a 1+1+1 point system. Every team member taking part of the Record breaking relay will receive 1 point + every start in the Estonian Championships will add 1 point + every medal earned will add one point. Only communities registered at the start will be taken to account. The three communities which receive the most points will be awarded.

Super finals:

Super finals are held in the following events: 25m breaststroke, 25m freestyle and 50m freestyle. 8 fastest men and women will be racing in the finals. Results of the finals will not be taken to account during regular races.

The fastest 3 in the super finals will be awarded separately. The prize is a monetary award.

Men vs women relay races:

Swimming on two tracks. One person at a time. Freestyle swimming. Rules are the same as usual winter relay swimming. (read the part about the rules of race and start)

The goal is to reveal who are more active winter swimmers: men or women and to break the world record in the number of male and female participants.

Registration for a particular timeslot will be available closer to the event.

Gear:

Regular bathing suit, swimming pants or swimming costume. Knees and shoulders must be uncovered. Swimwear must not contain neoprene or special thermal fabric.

Gloves, socks, shoes or leg warmers are not allowed during swimming. Swimming hat is mandatory.

In the 25 m breaststroke and charity relay races it is allowed to wear any head cover that will not put the safety of the swimmer or fellow participants in danger.

The award ceremony:

Three best swimmers will receive a medal in each age group.
Every absolute winner in each race will receive a separate prize.
Each participant will receive a memorabilia at the accreditation.
The prizes of the super finals are 100, 60 and 30 EUR for the first, second and third place respectively.

One man and one woman with the coolest head cover will receive a special prize at the record breaking relay.

The three most active communities will receive a trophy.

The health and safety of the participants:

Participants will be able to use the dressing rooms, toilets, saunas and a warm tent. Lunch is available for purchase in the nearby restaurants.

Additional information:

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